

Wilmette Public Schools District 39

Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Wednesday, May 1, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
315	Baked Chips-Selection Varies	
990090	Dino Nuggets	Milk, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Thursday, May 2, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Friday, May 3, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
359	Breadstick	Gluten, Wheat
360	Butter	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
346	Rotini	Gluten, Milk
352	Seasonal Vegetables	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Monday, May 6, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
712	French Toast Sticks	Soy, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
990075	SYRUP CUP MAPLE	
300	Turkey Sausage	Soy
82	Veggies	

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Tuesday, May 7, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
5023	CHICKEN SOFT TACOS	Gluten, Milk, Soy, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Wednesday, May 8, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
722	Ham, Turkey and Cheese W.W.Sub	Milk, Soy
34	LETTUCE & TOMATO:1 leaf,2 slice	
82	Veggies	

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Thursday, May 9, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Friday, May 10, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
390	Bagel - McKenzie	Gluten, May Contain Sesame, Wheat
306	Cream Cheese Cup	Milk
304	Fresh Fruit	
763	Jelly Cup	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
990072	String Cheese	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Monday, May 13, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
315	Baked Chips-Selection Varies	
304	Fresh Fruit	
403	Hot Dog on a Wheat Bun	Gluten, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
82	Veggies	

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Tuesday, May 14, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
348	Green Beans	Milk
614	Macaroni and Cheese	Egg, Milk, Wheat
228	MILK,1% Chocolate	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Wednesday, May 15, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
387	Baked Fries	
304	Fresh Fruit	
462	Italian Beef Sandwich	Gluten, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Thursday, May 16, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Friday, May 17, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
315	Baked Chips-Selection Varies	
642	BBQ Sauce -	
304	Fresh Fruit	
606	Grilled Chicken on a Wheat Bun	Gluten, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Monday, May 20, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
315	Baked Chips-Selection Varies	
838	BLT Sandwich on Wheat Bread	Gluten, May Contain Sesame, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Tuesday, May 21, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
340	Brown Rice	Milk, Sesame, Soy
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
640	Pork Eggroll	Egg, Sesame, Wheat
352	Seasonal Vegetables	Milk
372	Vegetable Eggroll	Egg, Soy, Wheat

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Wednesday, May 22, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
315	Baked Chips-Selection Varies	
149	CHEESEBURGER ON A BUN	Gluten, Milk, Soy, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Thursday, May 23, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Friday, May 24, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
390	Bagel - McKenzie	Gluten, May Contain Sesame, Wheat
306	Cream Cheese Cup	Milk
304	Fresh Fruit	
763	Jelly Cup	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
990072	String Cheese	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Tuesday, May 28, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
783	BBQ Pulled Pork Sandwich	Gluten, Wheat
304	Fresh Fruit	
348	Green Beans	Milk
990073	MILK,CHOC,LOWFAT, 1%	Milk
802	Tater Tot's	Gluten, Wheat

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Wednesday, May 29, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
66	Chicken Pasta Caesar Salad	Egg, Gluten, Milk, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
314	Whole Wheat Roll	Gluten, Wheat

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Thursday, May 30, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

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Allergen List - for menu 'McKenzie Elementary School' From: 5/1/2024 To: 5/31/2024

Friday, May 31, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
315	Baked Chips-Selection Varies	
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
710	Tuna Salad Sandwich	Egg, Fish, Gluten, May Contain Sesame, Wheat

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